

In aromatherapy, powerful and naturally pure essential oils are used to promote physical and mental health. They can be used in different ways; for example, through diffusion or skin massage, and their applications are very broad, amongst other things they have a relaxing, stimulating or purifying effect or act beneficially on the airways.

To safely enjoy aromatic massage oils, pocket roll-ons and aroma sprays, please bear in mind the following necessary precautions:

- 1) Keep them in a cool place, in a tightly closed bottle and out of the reach of children!
- 2) Do not use during pregnancy and breast-feeding!
- 3) Not recommended for babies and children under 3 years of age!
- 4) Be careful with the use of essential oils in cases of epilepsy, asthma and heart conditions.
- 5) Certain constituents that are naturally present in essential oils (for example, citral, d-limonene, linalool, geraniol, citronellol, etc.) may cause allergic reactions in sensitive individuals. Allergens are always mentioned on the packaging.
Tip: For people with sensitive and/or allergic skin: first apply a drop on the inside of the elbow. Wait 24 hours. If there is no redness, itching or irritation, the oil can be used.
- 6) Massage oils, pocket roll-ons and aroma sprays containing a high level of citrus oils (bergamot, orange, lemon, grapefruit, mandarin, etc.) are photosensitising! Avoid exposure to sunlight or sunbed use for at least 12 hours after applying to the skin!
- 7) Massage oils, pocket roll-ons and aroma sprays are exclusively suited for external use! Avoid contact with the eyes and mucous membranes! Not suited for use as droplets in ears, nose or eyes. In case of accidental contact with the eyes: rinse plentifully with clean water. In case of persistent irritation or visible injury, consult an ophthalmologist.
- 8) National Poisons Information Service United Kingdom: +44 121 507 4123

Physalis aromatic massage oils

Physalis aromatic massage oils combine the nutritious and softening qualities of five vegetable oils with the numerous benefits of essential oils. The rich and easily spreadable carrier oil, based on sesame, castor, argan, jojoba and camellia oil, is strengthened with a powerful synergy of natural essential oils.

Always Zen

An Always Zen massage is perfect to create harmony and find peace of mind. With a synergy of 100% organic essential oils of true lavender, lavandin, green mandarin, bergamot, myrtle, true marjoram, coriander, lemon litsea, orange, ravintsara, ylang-ylang, lemon balm, lemon verbena.

Ayurveda

A spicy Ayurveda massage has a warming effect, improves blood circulation and is ideally suited to restore the balance between your energy channels. With a synergy of 100% organic essential oils of incense, clove, ginger, palmarosa, caraway, black pepper, cinnamon, patchouli, cardamom, coriander.

FlexSan®

A FlexSan® massage is ideally suited to assist the relaxation of muscles and to help them to recover more quickly and effectively. With a synergy of 100% organic essential oils of wintergreen, field mint, ravintsara, lemon eucalyptus, camphor rosemary, ginger, spike lavender, balsam fir, juniper, clary sage, laurel, thyme ct. borneol, catafray, clove, Chinese cinnamon.

Green Detox

A Green Detox massage is ideally suited for a thorough purification of your skin, giving it a new strength and radiance. With a synergy of 100% organic essential oils of tea tree, ravintsara, saro, dill, spearmint, fennel, geranium, lavender sage, eucalyptus globulus, rosemary, niaouli, orange, green mandarin, grapefruit, lemon litsea, lemon, lemon eucalyptus, true lavender, oregano, Scots pine, clove, peppermint, cedar, ginger, juniper, red thyme, cinnamon, true marjoram, lemon verbena, nutmeg.

No Stress

A No Stress massage is ideally suited for providing relaxation in stressful times and releasing built-up tension. With a synergy of 100% organic essential oils of petitgrain, true lavender, lavandin, black spruce, coriander, true marjoram, orange mint, lemon lime, thyme ct. borneol, green mandarin, orange, ravintsara, ylang-ylang, incense, clove, lemon verbena, ginger, neroli.

Respiration

A Respiration (chest/back) massage opens your airways, has a strengthening effect and helps you to breathe more freely, giving an instant feeling of comfort. With a synergy of 100% organic essential oils of eucalyptus globulus, eucalyptus radiata, ravintsara, Scots pine, niaouli, field mint, peppermint, spearmint, myrtle, oregano, star anise, juniper, spike lavender, rosemary, red thyme, yellow thyme.

Sensual

A Sensual massage has a warming effect, while its aphrodisiac fragrances provide a necessary touch of spiciness and emphasise the sensuality of touch. With a synergy of 100% organic essential oils of ylang-ylang, petitgrain, black pepper, clary sage, ginger, cedar, orange, lemon, star anise, patchouli, vetiver, jasmine.

Total Relax

A Total Relax massage brings peace and serenity to both body and mind and can work wonders in cases of tension and mental blockage. With a synergy of 100% organic essential oils of orange, lavandin, true lavender, petitgrain, lemon litsea, green mandarin, bergamot, true marjoram, myrtle, geranium, ylang-ylang, lemon verbena, lemon balm.

Physalis pocket roll-ons

Physalis pocket roll-ons contain exclusive synergies of essential oils, mixed with a base of natural, cold-pressed sesame oil. They are complexes of powerful essential oils, each with its specific effect.

Clear Mind

Ideally suited to maintain a sharp focus, when needed. With a synergy of 100% organic essential oils of Scots pine, rosemary, peppermint, field mint, black spruce, balsam fir, orange mint, nutmeg, thyme ct. borneol, petitgrain, ginger, clove.

Erpe Stop

Ideally suited to ease (lip) blisters and cold sores. With a synergy of 100% organic essential oils of ravintsara, tea tree, eucalyptus globulus, cajepout, eucalyptus radiata, niaouli, lemon, peppermint, true camomile.

Good Night

Ideally suited for a refreshing night's sleep, to start the day well-rested and full of energy! With a synergy of 100% organic essential oils of orange, lavandin, true lavender, petitgrain, lemon litsea, green mandarin, bergamot, true marjoram, myrtle, geranium, ylang-ylang, lemon verbena, lemon balm.

Insect Bite

Ideally suited in case of itching and skin irritation. With a synergy of 100% organic essential oils of spike lavender, lemon eucalyptus, lemongrass, geranium, true lavender, ravintsara, tea tree, lemon, citronella, eucalyptus globulus, peppermint, clove, cistus rose.

No Stress

Ideally suited to boost your resilience and unwind in stressful times. With a synergy of 100% organic essential oils of petitgrain, true lavender, lavandin, black spruce, coriander, true marjoram, orange mint, lemon litsea, thyme ct. borneol, green mandarin, orange, ravintsara, ylang-ylang, incense, clove, lemon verbena, ginger, neroli.

Physalis aroma sprays

Physalis aroma sprays are refreshing aerosols based on essential oils. The oils enhance each other's effect and form a powerful complex with a specific application. In addition, they bring a pleasant fragrance into living and working spaces.

FlexSan® Cold

The menthol in FlexSan® Cold instantly refreshes, while the essential oils have a nurturing and relieving effect. With a synergy of menthol and 100% organic essential oils of field mint, cedar, cypress, laurel, mountain savory, lemon eucalyptus, juniper, rosemary, ginger, fennel, sage, myrtle, patchouli, strawflower.

FlexSan® Hot

Ideally suited for a warming massage to help relax stiff and tired muscles, as well as improving suppleness before and/or after physical efforts/activities. With a synergy of 100% organic essential oils of wintergreen, field mint, ravintsara, lemon eucalyptus, camphor rosemary, ginger, spike lavender, balsam fir, juniper, clary sage, laurel, thyme ct. borneol, catafray, clove, Chinese cinnamon.

Good Night

Ideally suited to help you fall asleep and to start the day full of energy after a refreshing night's rest! With a synergy of 100% organic essential oils of orange, lavandin, true lavender, petitgrain, lemon litsea, green mandarin, bergamot, true marjoram, myrtle, geranium, ylang-ylang, lemon verbena, lemon balm.

Green Detox

Ideally suited for a thorough purification of living and working spaces and to naturally remove bad odours. With a synergy of 100% organic essential oils of tea tree, ravintsara, saro, dill, spearmint, fennel, rose geranium, lavender sage, eucalyptus globulus, rosemary, niaouli, orange, green mandarin, grapefruit, lemon litsea, lemon, lemon eucalyptus, true lavender, oregano, Scots pine, clove, peppermint, cedar, ginger, juniper, red thyme, cinnamon, true marjoram, lemon verbena, nutmeg.

Respiration

Purifies the air and helps you to breathe more freely. For an instant feeling of comfort. With a synergy of 100% organic essential oils of eucalyptus globulus, eucalyptus radiata, ravintsara, Scots pine, niaouli, field mint, peppermint, spearmint, myrtle, oregano, star anise, juniper, spike lavender, rosemary, red thyme, yellow thyme.